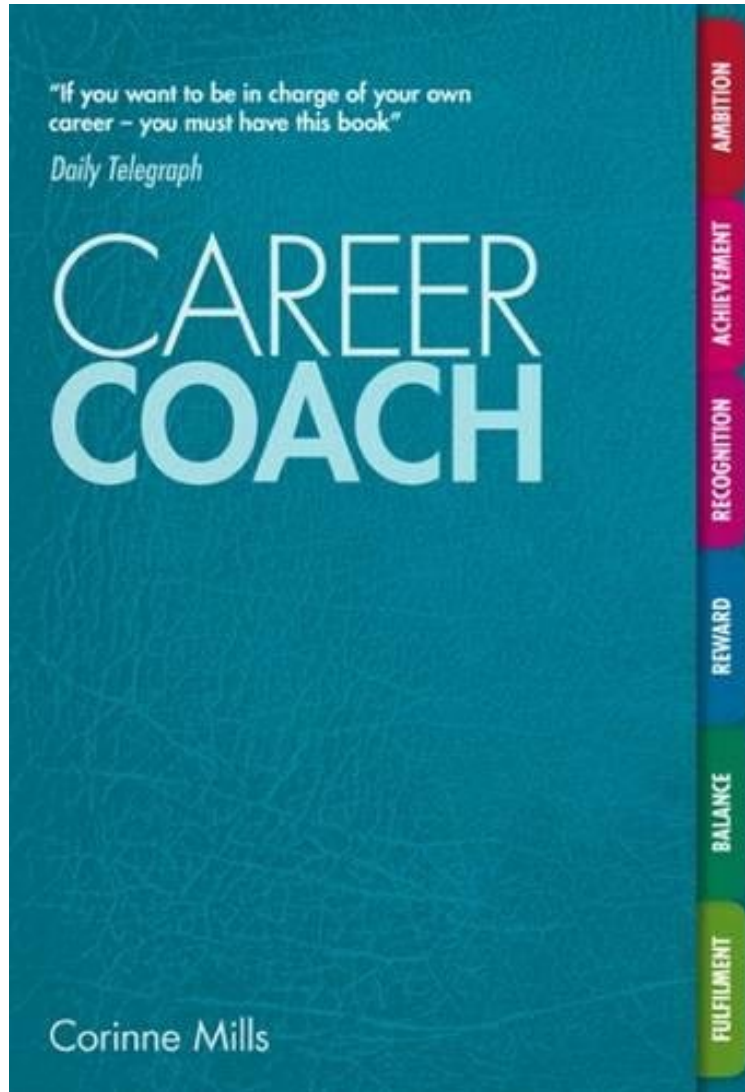


[Free] Career Coach: Your Personal Workbook for a Better Career

Career Coach: Your Personal Workbook for a Better Career

Corinne Mills

ebooks | Download PDF | *ePub | DOC | audiobook



DOWNLOAD



+

READ ONLINE

#1765140 in Books 2011-10-10Original language:EnglishPDF # 1 8.25 x .65 x 5.811, .75 #File Name: 1844552705288 pages | File size: 26.Mb

Corinne Mills : Career Coach: Your Personal Workbook for a Better Career before purchasing it in order to gage whether or not it would be worth my time, and all praised Career Coach: Your Personal Workbook for a Better Career:

0 of 0 people found the following review helpful. Great buy for those who are seeking their true careerBy
HennessycatThis is a fabulous book if you're are self disciplined and can work through. If you are totally stuck regarding your career choices either as a student or as someone wanting to change careers and find what you are meant to do with your life.My only reservation is that the book never draws together all the exercises.0 of 0 people found the

following review helpful. Thankfully it's not one of those boring books that you wonder why you spend your money ...By ReadI am on the last section of part 2, I am impressed with what this book has to offer, even if I am not in a mood for writing the questions ease your attention into the topic. Thankfully it's not one of those boring books that you wonder why you spend your money on. As I said I am not done yet, I will be back soon for more feedback6 of 6 people found the following review helpful. SuperlativeBy Louis De BearI have read many 100's if not 1000's of self help books over the last 17 years. I use this knowledge as a Peak Performance and Business Consultant. I am always reading new books within the self development field. I received this book via the Vine programme to review.Firstly the title could be a little misleading for some. This book is a holistic approach to career counselling and mental coaching techniques. What I mean by this is that it tries to analyse and help you realise a more positive mindset and self belief, whilst also giving you job searching, CV, and interview techniques. In my experience so many people fail at career change, job interview or even job applications, as they aim too low, given their innate abilities and don't adopt the correct strategies for job applications. This book will help you to stop this from happening. In essence most people do not analyse all their skills and form a career around what they can do best, but this book will help you identify what is needed. This book gives you a myriad of strategies with worksheets, that will help you define what you are good at, whilst increasing your self confidence to apply for jobs outside of your comfort zone.I think this is one of the best book I have read on this subject. You can see my other reviews for books on CV's and Interviews etc, but I have to say, this is the best "holistic" book I have now read on this subject.Recommended without reservation.

This workbook is like having a personal career coach. It's filled with quizzes, questionnaires and check-lists to help job hunters and career chnagers discover their skills and strengths. Providing the latest career advice, it motivates graduates and working professionals alike to follow their dream.

This will inspire you to get your motivational mojo back. Exercises and career analysis help you find the real you and your most suitable jobs. The Sun This book is a must-have for anybody at a crossroads in their career. If you've lost your sense of direction at work, then Career Coach is the perfect book to get you thinking about where you want to go and the next steps to get there. Corinne Mills is a top career coach and if you can't check in for a personal consultation, this book is the next best thing. James Brockett, News Editor, People Management It's like having your own career coach with you every step of the way. Michael Gentle, Monster A must read if you want to gain a deeper understanding of your professional self and take your job seeking to the next level. Kerry Eustice, Guardian Careers Corinne Mills has distilled many years of expert career coaching into a very readable book that's full of insights. Incredibly useful and difficult to put down. A very useful, enjoyable and highly engaging book. Recommended reading for anyone looking to get ahead in their career. Rhymer Rigby, Writer of the Financial Times Careerist column A must have for anyone serious about their career. If you want to be in charge of your own career you must have this book. Louisa Peacock, Jobs Editor, The Daily Sunday TelegraphAbout the AuthorCorinne Mills is author of the UK's no. 1 bestselling CV book "You're Hired! How to write a brilliant CV". She is the Managing Director of Personal Career Management, the UK's leading career coaching company, described as "the best in the business". A highly experienced career coach with over 15 years experience working in career management, she has helped thousands of people ranging from CEOs to recent graduates, to move into the role they want. She has worked for more than 15 years in career management, previously working in senior HR roles. She is a Fellow of the Chartered Institute of Personnel and Development and a member of the IOD. Corinne regularly appears as the Careers Expert for the BBC, Sky, ITV and national newspapers such as the Guardian, Telegraph, FT and People Management.