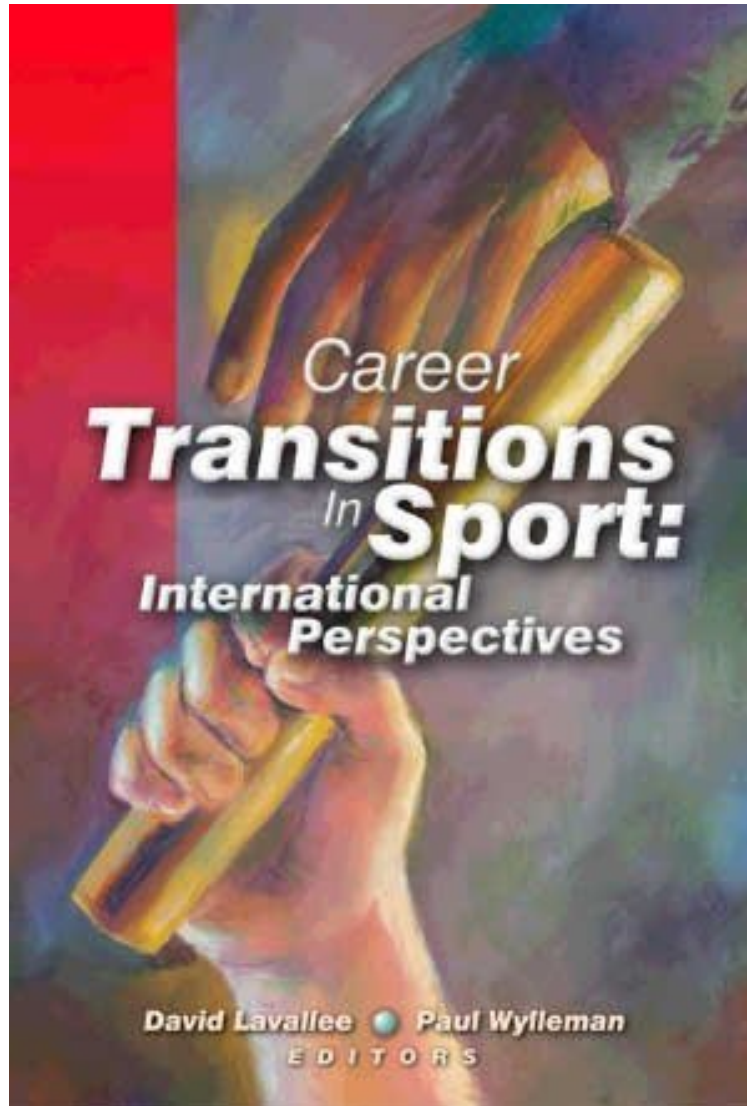


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Career Transitions in Sport: International Perspectives

Paul Wylleman

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Paul Wylleman : Career Transitions in Sport: International Perspectives before purchasing it in order to gauge whether or not it would be worth my time, and all praised Career Transitions in Sport: International Perspectives:

Intended for sport psychologists and other practitioners who are concerned with the well-being of athletes, facing the difficult transition from a sports career and the regret anxiety and identity loss that can accompany retirement. This work provides an overview of empirical theoretical and applied perspectives on sports career transitions.

About the Author Dr. David Lavallee is a principal lecturer in the School of Social Sciences at the University of Teesside, England, where he teaches courses in psychology and is the director of the Center for Sport Performance and Applied Research. His educational qualifications include a master's degree in psychology from Harvard University and a doctorate in sport psychology from the University of Western Australia. Dr. Lavallee is also a chartered psychologist and graduate member of the British Psychological Society. His general area of research and applied interest is in counseling in sport and exercise settings. Currently, Dr. Lavallee serves on the Editorial Board of the Journal of Personal and Interpersonal Loss (Taylor Francis) and is a member of the British Psychological Society Sport and Exercise Psychology Section Committee. He is a former All-American soccer player. Dr. Paul Wylleman is an associate professor at the Vrije Universiteit Brussel, Belgium. He teaches psychology of sport, exercise, and leisure in the Faculty of Physical Education and Physiotherapy and in the Faculty of Psychology and Education at the graduate level. He is also the coordinator of the Department of Top-Level Sport and Study, where he provides career counseling to elite-level student-athletes and coordinates the Study and Talent Education Program (STEP). Dr. Wylleman has been heading the Special Interest Group on Career Transitions of the European Federation of Sport Psychology (FEPSAC) since 1993. He is currently on the editorial board of The Sport Psychologist and the Sportpsychologie Bulletin. Dr. Wylleman is a board member of the Belgian Sport Psychology Federation and serves on the board of FEPSAC as treasurer.